

Race 01
26th Welsh Athletics Inter Regional Cross-Country
Race 01 M-BL.3-4 | Yr.3-4 G 1,300m (11:00 AM)
Saturday 29th November 2025
Dolerw Park, Newtown



M-BL.3-4 Yr.3-4 G				
Safle/Pos	Rhif Bib	Athletwr Athlete	Ysgol School	Amser/Time
1	70	Cadi PROSSER	Ysgol Santes Tudful	5:03
2	61	Delyth EVANS	Ysgol Llanfyllin	5:08
3	26	Mared DAVIES	Twm o'r Nant	5:13
4	63	Mallory PRICHARD	Ysgol Pencae	5:14
5	71	Ffion STANDRING-JONES	Ysgol y Lllys	5:16
6	18	Olivia MORRIS	Montgomery	5:20
7	28	Skye KING	Ysgol Bro Caereinion	5:21
8	2	Elin WILLIAMS	Bro Hyddgen Machynlleth	5:22
9	49	Carys RUGGERI	Ysgol Dafydd Llwyd	5:23
10	21	Anna EVANS	Pontrobert	5:24
11	62	Lucy HUGHES	Ysgol Newton, Swansea	5:31
12	64	Alis PRYCE	Ysgol Pencae	5:35
13	32	Paige DAVIES	Ysgol Calon Y Dderwen	5:38
14	68	Erin RODRIGUEZ WINTER	Ysgol Penygloddfa	5:39
15	23	Betsan PREECE	Pontrobert	5:40
16	31	Ebony-Rose BELL-HALLAM	Ysgol Calon Y Dderwen	5:41
17	16	Isabelle JONES	Guilfield	5:42
18	50	Isla BOUND	Ysgol Dyffryn Trannon	5:49
19	24	Carys DAVIEW	Rhayader	5:50
20	4	Iris BIFFIN	Bryn Coch	5:52
21	33	Layla JONES	Ysgol Calon Y Dderwen	5:55
22	12	Evie THOMAS	Cyfarthfa park primary	5:55
23	60	Mali Non JONES	Ysgol Gynradd Nantgaredig	5:56
24	52	Maddie WILLIAMS	Ysgol Gymraeg Aberystwyth	5:56
25	36	Isabella OKUPSKI	Ysgol Calon Y Dderwen	5:59
26	40	Meredith BADGER	Ysgol Dafydd Llwyd	6:00
27	43	Alys JERMAN	Ysgol Dafydd Llwyd	6:02
28	45	Nancy MORGAN	Ysgol Dafydd Llwyd	6:02
29	59	Connie JONES	Ysgol Gynradd Llanidloes	6:03
30	15	Evelyn TURNBULL	Forden Primary School	6:04
31	58	Orla ROLLINSON	Ysgol Gymraeg Y Trallwng	6:05
32	5	Annie HEATON	Bryn Coch	6:06
33	66	Carys DAVIES	Ysgol Penygloddfa	6:07
34	44	Vienna-Rose JONES	Ysgol Dafydd Llwyd	6:08
35	41	Mari EDWARDS	Ysgol Dafydd Llwyd	6:09
36	57	Arya RICHARDSON	Ysgol Gymraeg Y Trallwng	6:18
37	53	Sophie ANDREWS	Ysgol Gymraeg Y Trallwng	6:20
38	8	Carys GARBUTT	Caersws	6:21
39	3	Felicity BIFFIN	Bryn Coch	6:22
40	6	Martha JOBSON	Buttington Trewern CP	6:23
41	30	Megab MORGANS	Ysgol Bro Idris	6:24
42	39	Marcy ANTHONY	Ysgol Dafydd Llwyd	6:26
43	34	Alayah KIRKHAM	Ysgol Calon Y Dderwen	6:28
44	55	Molly QUAYLE	Ysgol Gymraeg Y Trallwng	6:30
45	69	Betsi PROSSER	Ysgol Santes Tudful	6:33
46	38	Lois ANTHONY	Ysgol Dafydd Llwyd	6:35
47	35	Lola-Leigh LAWSON	Ysgol Calon Y Dderwen	6:40
48	54	Olivia BOWEN	Ysgol Gymraeg Y Trallwng	6:44
49	20	Raya NEALON	Pontpennau Primary School	6:46
50	25	Hattie MORRIS	St Michael's Kerry	6:50
51	37	Ruby SMITH	Ysgol Cwm Banwy	6:54
52	22	Connie JONES	Pontrobert	6:58
53	1	Lucia WILLIAMS	Arddleen	7:04
54	65	Indi BOWEN	Ysgol Penygloddfa	7:14
55	47	Jesi ROBERTS	Ysgol Dafydd Llwyd	7:24
56	27	Gwen TOURÉ JONES	Twm o'r Nant	7:25
57	19	Paige MORRIS	Montgomery	8:19

10 Timau Sgorio/Scoring Teams					
Safle/Pos	Ysgol/School	1	2	3	Total
1	Ysgol Calon Y Dderwen	13	16	21	50
2	Ysgol Dafydd Llwyd	9	26	27	62
3	Pontrobert	10	15	52	77
4	Bryn Coch	20	32	39	91
5	Ysgol Dafydd Llwyd	28	34	35	97
6	Ysgol Penygloddfa	14	33	54	101
7	Ysgol Gymraeg Y Trallwng	31	36	37	104
8	Ysgol Calon Y Dderwen	25	43	47	115
9	Ysgol Dafydd Llwyd	42	46	55	143
10	Caersws	38	60	61	159

25 Incomplete Team Results				
	Ysgol/School	Places		Pts
1	Ysgol Pencae	4	12	16
2	Ysgol Santes Tudful	1	45	46
3	Ysgol Gymraeg Y Trallwng	44	48	92
4	Twm o'r Nant	3	56	59
5	Montgomery	6	57	63
6	Ysgol Dafydd Llwyd	58	59	117
7	Ysgol Llanfyllin	2		2
8	Ysgol y Lllys	5		5
9	Ysgol Bro Caereinion	7		7
10	Bro Hyddgen Machynlleth	8		8
11	Ysgol Newton, Swansea	11		11
12	Guilsfield	17		17
13	Ysgol Dyffryn Trannon	18		18
14	Rhayader	19		19
15	Cyfarthfa park primary	22		22
16	Ysgol Gynradd Nantgaredig	23		23
17	Ysgol Gymraeg Aberystwyth	24		24
18	Ysgol Gynradd Llanidloes	29		29
19	Forden Primary School	30		30
20	Buttington Trewern CP	40		40
21	Ysgol Bro Idris	41		41
22	Pontpennau Primary School	49		49
23	St Michael's Kerry	50		50
24	Ysgol Cwm Banwy	51		51
25	Arddleen	53		53

1st Team: Ysgol Calon Y Dderwen (50Pts)			
32	Paige DAVIES (13)		5:38
31	Ebony-Rose BELL-HALLAM (16)		5:41
33	Layla JONES (21)		5:55

2nd Team: Ysgol Dafydd Llwyd (62Pts)			
49	Carys RUGGERI (9)		5:23
40	Meredith BADGER (26)		6:00
43	Alys JERMAN (27)		6:02

3rd Team: Pontrobert (77Pts)			
21	Anna EVANS (10)		5:24
23	Betsan PREECE (15)		5:40
22	Connie JONES (52)		6:58

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Safle/Pos	Rhif Bib	Athletwr Athlete	Ysgol School	Amser/Time
58	48	Erin ROWLANDS	Ysgol Dafydd Llwyd	8:36
59	42	Florence FOSKETT	Ysgol Dafydd Llwyd	8:36
60	9	Lily WIGLEY	Caersws	8:57
61	10	Sharla WIGLEY	Caersws	8:57

10 Tîmau Sgorio/Scoring Teams					
Safle/Pos	Ysgol/School	1	2	3	Total